



# Divorce

## Support during a challenging time.

If you're going through a divorce, it's important to understand how it affects your benefits. This checklist goes over what you need to do and how we can help. Download it and keep it with you so you can check things off as you go.



### What to do and how we can help

**MAKE COVERAGE AND BENEFICIARY CHANGES**

**FILE A MEDICAL SUPPORT ORDER**

**CONTINUE COVERAGE**

**EXPLORE NEW MEDICAL PLAN OPTIONS**

**GET HELP MAKING A WILL**

**UPDATE YOUR ADDRESS**

**GET HELP WITH LIFE'S CHALLENGES**

**TAKE CARE OF YOURSELF**

**TAKE CONTROL OF YOUR MONEY**

**DEACTIVATE YOUR EX-SPOUSE'S/PARTNER'S  
DISCOUNT CARD**

**GET HELP WITH YOUR BENEFITS**

# What to do and how we can help

## MAKE COVERAGE AND BENEFICIARY CHANGES

After a divorce, your former spouse/partner isn't eligible to stay on your benefits. It's easy to take them off your benefits and change your beneficiary to make sure your benefits are paid according to your wishes. Be sure to make any changes within 60 days of the qualifying event.

- Get help with your account, make benefits changes or change your 401(k) beneficiary at [One.Walmart.com/Enroll](https://One.Walmart.com/Enroll)
- Update beneficiaries: [One.Walmart.com/Beneficiary](https://One.Walmart.com/Beneficiary)

## FILE A MEDICAL SUPPORT ORDER

Need to file a medical support order to make sure your child stays covered? We'll coordinate all court orders from child support agencies. Call Walmart Medical Support Services: [877-930-5607](tel:877-930-5607).

## CONTINUE COVERAGE

If divorce means the end of your former spouse/partner's benefits coverage, they can continue medical, dental, and vision coverage temporarily with COBRA. To request COBRA coverage, first call People Services within 60 days. Everything else will be handled by our partner WageWorks.

- WageWorks: [800-570-1863](tel:800-570-1863)
- Learn more: [One.Walmart.com/COBRA](https://One.Walmart.com/COBRA)

## EXPLORE NEW MEDICAL PLAN OPTIONS

Your spouse/partner can also talk to an expert at HealthCompare to find another plan, and learn if they're eligible for the government to help pay for it.

- Visit: [HealthCompare](https://HealthCompare.com)
- Call HealthCompare: [877-260-1824](tel:877-260-1824)
- More medical plan options: [healthcare.gov](https://healthcare.gov)

## GET HELP MAKING A WILL

Will Guidance provides free online tools for wills, estate planning guidance, and help with things like inheritance taxes, loss of income, creditors, and probate.

Visit [WillGuidance.com](https://WillGuidance.com) and use promo code **WMTWILL**.

## UPDATE YOUR ADDRESS

Moving? Make sure your benefits and payroll keep up with you by sharing your new address. You can update online, or ask your People Partner.

- For most associates, you can update your address information on the enrollment tool: [One.Walmart.com/Enroll](https://One.Walmart.com/Enroll)
- If your facility uses Workday, update your address through that system instead

## GET HELP WITH LIFE'S CHALLENGES

Get the support, guidance, and practical tools you and your family need to deal with everyday challenges or more serious issues. Resources for Living® is available 24/7.

- Learn more: [One.Walmart.com/RFL](https://One.Walmart.com/RFL)
- Resources for Living: [800-825-3555](tel:800-825-3555)

## TAKE CARE OF YOURSELF

Divorce can put a strain on your well-being. Whether you just want to feel better in your daily life or make big changes, making better choices with the ZP Challenge can help. Visit: [One.Walmart.com/ZPChallenge](https://One.Walmart.com/ZPChallenge).

## TAKE CONTROL OF YOUR MONEY

Divorce is often a financial strain, too. The Even app makes it easy to take control of your money with simple, practical steps. You can budget instantly, save automatically, and even get paid early. Learn more: [One.Walmart.com/Even](https://One.Walmart.com/Even).

## DEACTIVATE YOUR EX-SPOUSE'S/PARTNER'S DISCOUNT CARD

Visit the Associate Discount Card site: [One.Walmart.com/DiscountCard](https://One.Walmart.com/DiscountCard).

## GET HELP WITH YOUR BENEFITS

If you have questions about how divorce affects your benefits, give People Services a call and we'll help: [800-421-1362](tel:800-421-1362).

## BENEFITS IN DETAIL

See the [2020 Associate Benefits Book](#) for additional information about your benefits and eligibility.

