



Curtis Clark

Fitness Trainer

Education

BS Health and Human Performance

Certifications

National Strength and Conditioning Association Certified Strength and Conditioning Specialist
American Red Cross Adult, Child, and Infant First Aid/CPR/AED Certified
TRX Functional Movement/TRX Ripped Trainer
AMPD Kettlebell

About Me

Having worked in the fitness industry since 1998, I have experience with a variety of clients. I have a passion for health and wellness and truly enjoy helping clients reach their individual fitness goals.

Personal Interests

In my free time, I enjoy spending time with my wife, two boys, and two girls. I enjoy mountain biking, snow skiing, listening to vinyl records, and watching college football and baseball.

Contact Information

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Walton Family
Whole Health & Fitness